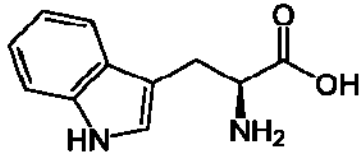


# Tryptophan



## General

There are 3 pieces in these jacket. A shrug, a back part and front/collar part.

It is seamless

Start with the shrug in the center back

**yarn:** 40% merino 60% cotton

**yarn need:** 560 g

**needles:** US 4

**yarn:** 300m/100g

**size:** M

## Gauge

2,4" = 20 rows

2,6" = 20 stitches

### **basic pattern**

small rib: 2 stitches knit, 2 stitches purl

### **double stitch**

insert from right to left into 1st stitch, slip stitch and yarn tog, pull yarn firmly to the back, the stitch is drawn over the needle and is now double.

### **Magic cast on (figure-8 cast-on)**

<http://www.knitty.com/ISSUESpring06/FEATmagiccaston.html>

### **Cast on**

Start with the left part

Cast on 50 stitches for each needle

Knit 26 rows in basic pattern

### **Increases**

The increases (look at pattern) are made at the begin of row

row 27-32 for each row 2 stitches = 56 stitches

row 33-48 for each row 3 stitches = 80 stitches

row 49-62 for each row 2 stitches = 94 stitches

row 63-94 for each row 1 stitch = 110 stitches

Row 95 **at begin and end 5 stitches = 120 stitches**

Row 96 knit back

### **Left sleeve**

Circular knitting

Decrease every 4th row at begin and end of row 1 stitch  
until 48 stitches remain, bind off loose

### **Right part/sleeve**

Knit the second part mirror-inverted with the stitches of the magic cast on

The increases are made at end of row

### **Back part**

Pick up 5 stitches from the stitches out of row 95 and 140 stitches out of the edge  
of the back part and then 5 stitches from 5 stitches of row 95 = 150 stitches

Knit 104 rows in basic pattern.

Knit a curve with short rows.

Knit 140 stitches, turn, double stitch, knit 129 stitches, turn

Do until there are 50 stitches remain.

Then knit all stitches of the row, knit back, bind off loose, don't cut yarn

### **Front part/ collar**

The remaining stitch of the bind off is the first stitch of the front part.

Pick up 103 stitches from the side of the back part.

Place 1. marker

Now pick up 75 stitches as follows

Pick up 5 stitches from the sleeve (row 95) and then 40 stitches

Place 2. marker

then pick up three times 10 stitches and

place between marker 3, 4 and 5

pick up 30 stitches from the neckline

Place 6. marker

Now pick up 75 stitches as follows

then pick up three times 10 stitches and

place between marker 7, 8 and 9

Pick up 40 stitches and then 5 stitches from the sleeve (row 95)

Place 10. marker

Pick up 104 from the back part = 388 stitches

Knit in basic pattern (start with purl) 103 stitches, knit stitch 104 (remove 1. marker) together with the next stitch of the pick up stitches  
turn and knit back.

**1. wedge of front part** (with short rows)

Knit 4 stitches, turn, double stitch, knit back

In the follow rows knit 4 stitches more until there are no remaining stitches

The last stitch knit together with the next stitch of the pick up stitches

**1. front part**

Knit 88 rows and always knit the last stitch together with the next stitch of the pick up stitches

2. marker reached

**1. wedge of collar**

Knit 96 stitches, turn, double stitch, knit back

In the follow rows knit 8 stitches less until there are 8 stitches remaining

Knit 20 rows and always knit the last stitch together with the next stitch of the pick up stitches

3. marker reached

**2. wedge of collar**

Knit 96 stitches, turn, double stitch, knit back

In the follow rows knit 8 stitches less until there are 8 stitches remaining

Knit 20 rows and always knit the last stitch together with the next stitch of the pick up stitches

4. marker reached

**3. wedge of collar**

Knit 100 stitches, turn, double stitch, knit back

In the follow rows knit 4 stitches less until there are 4 stitches remaining

Knit 20 rows and always knit the last stitch together with the next stitch of the pick up stitches

5. marker reached

**4. wedge of collar**

Knit 96 stitches, turn, double stitch, knit back

In the follow rows knit 8 stitches less until there are 8 stitches remaining

Knit 20 rows and always knit the last stitch together with the next stitch of the pick up stitches

6. marker reached

**5. wedge of collar**

Knit 8 stitches, turn, double stitch, knit back

In the follow rows knit 8 stitches more until there are no remaining stitches

The last stitch knit together with the next stitch of the pick up stitches

Knit 20 rows and always knit the last stitch together with the next stitch of the pick up stitches

7. marker reached

### **6. wedge of collar**

Knit 4 stitches, turn, double stitch, knit back

In the follow rows knit 4 stitches more until there are no remaining stitches

The last stitch knit together with the next stitch of the pick up stitches

Knit 20 rows and always knit the last stitch together with the next stitch of the pick up stitches

8. marker reached

### **7. wedge of collar**

Knit 8 stitches, turn, double stitch, knit back

In the follow rows knit 8 stitches more until there are no remaining stitches

The last stitch knit together with the next stitch of the pick up stitches

Knit 20 rows and always knit the last stitch together with the next stitch of the pick up stitches

9. marker reached

### **8. wedge of collar**

Knit 8 stitches, turn, double stitch, knit back

In the follow rows knit 8 stitches more until there are no remaining stitches

The last stitch knit together with the next stitch of the pick up stitches

### **2. front part**

Knit 88 rows and always knit the last stitch together with the next stitch of the pick up stitches

stop 1 stitch before the 10. marker

### **2. wedge of front part**

Knit 100 stitches, turn, double stitch, knit back

In the follow rows knit 4 stitches less until there are 4 stitches remaining

Knit 1 row and knit the last stitch together with the last stitch of the pick up stitches

10. marker reached

With 3 needle bind off

Bind off the 104 stitches with the 104 stitches of the pick up stitches



